



# The Prevalence of Mental Illness

How Common are Depression, Anxiety, and Other Mental Disorders?

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## Mental Illness

**Mental illness is an increasing concern in today's world.**

It is estimated that one in five adults in the United States suffer from some form of mental illness.

## Serious Mental Illness



**Serious mental illness, such as depression, anxiety, and other disorders, is even more common.**

It is estimated that one in twenty adults in the United States suffer from a serious mental illness.

## Impact

# The Impact of Mental Illness

What are the Consequences of Mental Illness?

### Lost Productivity

**\$50B**

The estimated cost of lost productivity due to mental illness in the United States each year.

### Medical Costs

**\$193B**

The estimated medical costs due to mental illness in the United States each year.

### Suicide

**45,000**

The estimated number of suicides in the United States each year due to mental illness.



# Mental illness can lead to devastating consequences.

These include lost productivity, medical costs, and even suicide.

## Solution



# The Solution: Early Detection and Intervention

How can we Help to Address Mental Illness?

## Early Detection

**Early detection and intervention can help to mitigate the impact of mental illness.**

## Action Steps



# Action Steps to Address Mental Illness

What Can We Do to Help?

1

## Education

Raise awareness and promote education about mental health.

2

## Screening

Implement screening programs to identify those at risk.

3

## Treatment

Provide access to treatment for those suffering from mental illness.

## Conclusion

**By working together, we can move towards a future free of the devastating consequences of mental illness.**

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